Abstract

A combination bone fixation/immobilization apparatus is adapted to stabilize a patient's foot and ankle. A foot plate is adapted to have one or more transfixation wires or pins or screws fixed thereto. A substantially rigid leg support assembly is adapted to receive a patient's leg, the leg support comprising a cuff and a strap adapted to secure the cuff around the patient's leg. The leg support is rigidly attached to the foot plate. A patient's foot may thereby be fixed with transfixation wires, or pins or screws and simultaneously immobilized with respect to the ankle and lower leg.